# **Family Enrichment**

IFFD programs are based on a participative methodology, the objective of which is to help parents to improve their relationships with their spouses and develop their child-rearing skills, in order to confront the daily challenges faced by families with confidence, flexibility and good humour.

Our extensive collaboration with numerous entities and more than 7.000 volunteers around the world means that IFFD programs are currently offered in 68 countries on five continents. IFFD has General Consultative Status with the UN Economic and Social Council (ECOSOC), and regularly organizes international congresses on the family.

### **International Conferences**

We are convinced of the importance, and irreplaceable role, of the family for the happiness of its members, for peace and social cohesion, for general welfare and educational development, and for economic growth and social integration.

We regularly organize international congresses, which allow us to give the family the recognition it deserves, as well as raising awareness of the challenges it currently faces. Our congresses offer a supportive space for participants to exchange experiences and ideas, as well as offering training opportunities for parents from all over the world. Nineteen congresses have been held since IFFD's inception. The topics, dates and cities are listed below:

- » 19th. Mexico, 2015. Family, Meeting Place for generations.
- » 18th. Valencia, 2010. Family, School of Human Rights.
- »17th. Rome, 2007. Rights and Responsibili ties of the Family.
- »16th. New York-United Nations, 2004. Family Life, Development and Culture.
- **»15th. Rome, 2000.** The Family: A Revolution for the Third Millennium.
- »14th. Orlando, 1998. Extending the Family.
- »13th. Rome, 1995. The Young Family.
- »12th. London, 1993. Family and Leisure.
- »11th. Rome, 1991. Family and School.
- »10th. Lausanne, 1989. Family and the World of Tomorrow.

- »9th.Rome,1987. Family and Happiness.
- »8th.Barcelona, 1985. Family and Work.
- »7th. Rome, 1983. Family and Society.
- »6th, Mexico, 1981. The Role of the Father in Family Life.
- » 5th. Rome, 1980. The Family and the Condition of Women.
- »4th. Zurich, 1979. The Family and Mass
- »3rd. Rome, 1978. Rights of the Child and the
- »2nd. Brussels, 1977. The Rights of Parent in Education.
- »1st. Rome, 1976. Education in the Family.

# **Figures**

**CITIES** 



**MODERATORS** 

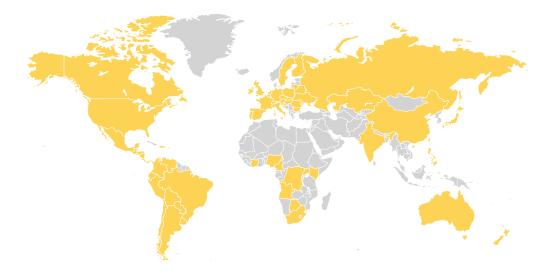
**INTERNATIONAL** 

CONFERENCES





### **Around the world**



### 1 Africa

**BOTSWANA** CAMEROUN CONGO **IVORY COAST** KENYA NIGERIA SOUTH AFRICA UGANDA

2 América

**ARGENTINA BOLIVIA BRAZIL** CANADA CHILE COLOMBIA **COSTA RICA** DOMINICAN REPUBLIC **ECUADOR** 

**EL SALVADOR GUATEMALA HONDURAS** MEXICO NICARAGUA PANAMA PARAGUAY PERU **PUERTO RICO** 

TRINIDAD TOBAGO

USA URUGUAY

VENEZUELA

JAPAN

**3** Ásia CHINA (HONG KONG) INDIA INDONESIA ISRAEL

KAZAKHSTAN **LEBANON PHILIPPINES SINGAPORE AUSTRALIA & NEW ZEALAND** 

#### 4 Europe

**AUSTRIA BELGIUM** CROATIA CZECH REPUBLIC **FINLAND FRANCE GERMANY** THE NETHERLANDS HUNGARY **IRELAND** ITALY LATVIA

POLAND **PORTUGAL** RUSSIA SPAIN **SLOVAKIA SLOVENIJA SWEDEN SWITZERLAND** (ZURICH) **SWITZERLAND** (LAUSANNE) UNITED KINGDOM

LITHUANIA

## **Programs**



FIRST STEPS



FIRST CONVERSATIONS



FIRST LETTERS



FIRST DECISIONS (8-11)



PRE TEENS (12-14)



TEENAGERS (14-16)



MARRIED LOVE I (UNTIL 10 YEARS)



MARRIED LOVE II
(ALL AGES)



PERSONAL PROJECTS (FOR SINGLE YOUNG PEOPLE)



**GRANDPARENTS** 

### **Technical committees**

IFFD is coordinating **four technical committees** to update training materials in four languages: English, Spanish, French and German. A Russian technical committee will be set up shortly. The work teams are made up of experts, IFFD moderators and parents from 18 countries.

Experts, IFFD moderators and parents from 18 countries make up the work teams. They elaborate practical cases and technical notes that address cross-cutting themes of education (knowledge of children according to their age, will, authority, affective education, family life, etc.), as well as about marriage (communication, sexuality, work-family, matrimonial alliance).

## **Case method**

The main goal is to provide parents with the tools they need to reach their full potential as educators of their children, and to develop their very own personal and family plan.

#### **Case method:**

- **» Individual reading of the case study:** the cases describe real-life situations, which any family may experience, and about which the participating parents then form their own individual ideas.
- **» Joint reading of the case study by couples:** this promotes communication and helps couples achieve a level of consensus about the rearing of their children.
- **» Small group session:** the case is discussed with other couples in order to compare different points of view.
- »Large group session: led by an expert moderator.

**More information** 

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